HSS: L6 - Sports Therapy Practice - Placement Unit



Bartlett, Roger. 1999. Sports Biomechanics: Preventing Injury and Improving Performance. London: Spon.

Chandler, T. Jeff, and Lee E. Brown. 2013. Conditioning for Strength and Human Performance. 2nd ed. Philadelphia, Pa: Wolters Kluwer/Lippincott Williams & Wilkins.

Gamble, Paul. 2013. Strength and Conditioning for Team Sports: Sport-Specific Physical Preparation for High Performance. 2nd ed. London: Routledge.

Holmes, Andrew. 2003. Smart Things to Know about Life-Long Learning. Oxford: Capstone.

Jeffreys, Ian and National Strength & Conditioning Association (U.S.). 2013. Developing Speed. Vol. Sport performance series. Champaign, IL: Human Kinetics.

Johnson, Donald, and Robert A. Pedowitz. 2007. Practical Orthopaedic Sports Medicine and Arthroscopy. Philadelphia: Lippincott Williams & Wilkins.

Lloyd, Rhodri S. 2013. Strength and Conditioning for Young Athletes: Science and Application. New York: Routledge.

Ratamess, Nicholas A. and American College of Sports Medicine. 2012. ACSM's Foundations of Strength Training and Conditioning. Philadelphia, Pa: Lippincott Williams & Wilkins.

Zuckerman, Joseph D., and Kenneth J. Koval. 2004. Atlas of Orthopaedic Surgery: A Multimedia Reference. Philadelphia: Lippincott Williams & Wilkins.